This institution is an equal opportunity provider

Menu Name : Great Oaks Academy Grades K-5 Allergen Free Lunch Menu

No Dairy No Gluten (No Wheat) No Egg No Soy No sesame No Fish No peanuts No tree nuts No Shell Fish No Sunflowers (seed, oil & butte

Meal Pattern : NSLP

Meal: Lunch

November - 2026

	Monday, November 02, 2026	Tuesday, November 03, 2026	Wednesday, November 04, 2026	Thursday, November 05, 2026	Friday, November 06, 2026	
Hot Meals	**Yummy Beef & Scallion**	**Chicken Sukkhar**	**Beef Fried Rice**	**Spice Rubbed Chicken Fillet**	**No School - Flex Learning day**	Week I
	Golden Corn Chips	Steamed Rice	Fresh Broccoli	Steamed Rice		
	Black bean & Fresh Carrots	Steamed Green Beans	Fruit of the day	Baby Carrots		
	Fruit of the day	Fruit of the day		Fruit of the day		
	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk		
Hot Meals	Monday, November 09, 2026	Tuesday, November 10, 2026	Wednesday, November 11, 2026	Thursday, November 12, 2026	Friday, November 13, 2026	Week II
	Chicken Supreme	**Beef Nachos**	**Marinated Grilled Chicken Fillet**	**Chicken Pilaf**	**Beef & Potatoes**	
	Steamed Rice	Taco Beef & Golden Corn Chip	Brown Rice	Crisp Broccoli	Steamed Rice	
	Steamed Green Beans	Black Bean & Corn	Fresh Baby Carrots	Fruit of the day	Steamed Peas	
	Fruit of the day	Fruit of the day	Fruit of the day	Choice milk	Fruit of the day	
	Choice of Milk	Choice of Milk	Choice of Milk		Choice of Milk	
Hot Meal	Monday, November 16, 2026	Tuesday, November 17, 2026	Wednesday, November 18, 2026	Thursday, November 19, 2026	Friday, November 20, 2026	Week III
	Chicken Fried Rice	**Beef & Broccoli**	**Chicken Fajita w/ Rice**	**Beef Meatballs**	**Chicken & Potatoes**	
	Baby Carrots	Brown Rice	Seasoned Chicken & Peppers	Brown Rice	Steamed Rice	
	Fruit of the day	Steamed Corn	Served w/ Brown Rice	Steamed Carrots & Peas	Fresh Carrot slims	
	Corn Chips	Fruit of the day	Black Beans	Fruit of the day	Fruit of the day	
	Choice of Milk	Choice of Milk	Fruit of the day, Choice of Milk	Choice of Milk	Choice Milk	
Hot Meals	Monday, November 23, 2026	Tuesday, November 24, 2026	Wednesday, November 25, 2026	Thursday, November 26, 2026	Friday, November 27, 2026	Week IV
	Yummy Beef & Scallion	**Chicken Sukkhar**	**No School**	**Thanksgiving Break**	**No School**	
	Golden Corn Chips	Steamed Rice				
	Black bean & Fresh Carrots	Steamed Green Beans				
	Fruit of the day	Fruit of the day				
	Choice of Milk	Choice of Milk				
	Monday, November 30, 2026					
	No School			**"When the world is so complicated, the simple gift of friendship is within all our hands"**		