

This institution is an equal opportunity provider

Menu Name : UPPER Campus (School of Rhetoric) Hot Lunch September 2026						
Grade Level / Age Group : 9th-10th Grade			Meal Pattern : NSLP		Meal: Hot Lunch	
October - 2026						
Hot Lunch				Thursday, October 01, 2026	10/02/2026	Week I
				Pulled Chicken Taco Seasoned Pull Chicken taco served w/ WG tortilla, Shred Lettuce, Shred Chez & crema	Chef's Choice Cold Sack Lunch Cold Sandwich	
				Cheesy Refried Beans	Fruit of the Day	
				Choice of Milk at Check out	Veggie of the day	
				Fresh Watermelon Chunks	Choice of Milk at Checkout	
Hot Lunch	Monday, October 05, 2026	Tuesday, October 06, 2026	Wednesday, October 07, 2026	Thursday, October 08, 2026	Friday, October 09, 2026	Week II
	Brunch Lunch	Fry-Yay Chicken Tenders	Swicy Glazed Meatballs	Breaded Chicken Drumstick	Mini Cheese Pizza Triangles	
	Buttermilk Pancakes w/ syrup	Nashville Hot chicken Tenders served with Fry Sauce & Ranch	Sweet & Spicy Meatballs w/steamed Rice	Mashed Potatoes	Eaz-bite Veggie Medley w/ Ranch	
	Colby Cheese Omelet	WG Roll & Potato Salad	Garden Salad/w chow mein & dressing	Cucumbers	(Carrots & sugar peas)	
	Baby Carrots & Dip	Baked Beans & Celery	Banana	WG Roll, Fresh Watermelon chunks	Fresh Orange Wedges	
	Crips Apple, Juice Box and Choice Milk	Fruit cup, juice Box and Choice Milk	Juice Box and Choice Milk	Juice box, Choice Milk	Choice Milk	
Hot Lunch	Monday, October 12, 2026	Tuesday, October 13, 2026	Wednesday, October 14, 2026	Thursday, October 15, 2026	Friday, October 16, 2026	Week III
	Battered Corn Dog	Twin Faves Day	NO SCHOOL	NO SCHOOL	NO SCHOOL	
	WG Chicken Corn Dog served with Ketchup	Chicken Nuggets w/ketchup				
	CKC Baked Beans & Crisp Celery	Mac & Cheese/ WG Roll				
	Crisp Apple, Juice box & choice Milk	Sugar snap peas & Carrots				
	Fruit Cup, Juice box & choice Milk					
Hot Lunch	Monday, October 19, 2026	Tuesday, October 20, 2026	Wednesday, October 21, 2026	Thursday, October 22, 2026	Friday, October 23, 2026	Week IV
	Big Bite Pop-chicken & Mashed Potatoes	Cheeseburger	Brunch Lunch	General Tso Chicken	Cheese Quesadilla	
	Popcorn chicken w/ ketchup	Bun, Chz Slice & Ketchup	French Toast Sticks w/ syrup	Steamed Rice	Sliced Cucumbers	
	Mashed potatoes & Juice Box	Baked Beans	Baby Carrots w/ dip	Crisp Broccoli & Carrot Slims w/dip	Fresh Orange	
	Celery sticks w/ dip & WG Roll	Sugar Snap Peas, Juice Box	Banana & Juice Box	Fresh Watermelon Chunks	Juice Box	
	Crisp Apple Wedges & Choice Milk	Fruit Cup & Choice Milk	Choice of Milk at checkout	Juice Box & Choice Milk	Choice Milk at checkout	
Hot Lunch	Monday, October 26, 2026	Tuesday, October 27, 2026	Wednesday, October 28, 2026	Thursday, October 29, 2026	Friday, October 30, 2026	Week V
	Spicy Chicken Patty Sandwich	All Beef Hot Dog	Hot Honey Chicken Nuggets	Walking Taco	Cheesy Lasagna	
	WG Bun & Ketchup	Served w/ Ketchup	Hot honey Sriracha & Ketchup	Nacho Doritos, Seasoned beef taco	Paired with Chopped Italian Salad	
	Baby Carrots	Baby Carrots w/ dip	Tater Tots w/ketchup	Fill w/ shred lettuce, shred Cheddar & mild salsa	Fresh Orange Wedges	
	Sugar Snap Peas	Fruit Cup and Juice Box	Sliced Cucumbers & Juice Box	Cheesy Refried Beans & Juice Box	(Romaine, shred carrots & grape tomatoes w/ italian dressing	
	Crisp Apple wedges, Juice & Choice Milk	Choice of Milk at Checkout	WG Roll & Choice milk & Apple Wedges	Fresh Watermelon chunks & Milk	Choice Milk at checkout and Juice box	