

This institution is an equal opportunity provider

Menu Name : UPPER Campus (School of Rhetoric) Hot Lunch September 2026						
Grade Level / Age Group : 9th-10th Grade		Meal Pattern : NSLP		Meal: Hot Lunch		
September - 2026						
Hot Lunch	Monday, August 31, 2026	Tuesday, September 01, 2026	Wednesday, September 02, 2026	Thursday, September 03, 2026	09/04/2026	Week I
	Battered Corn Dog	Twin Faves Day	Zeus Frito Crunch	Mandarin Orange Chicken	Max Cheese Breadsticks	
	WG Chicken Corn Dog served with Ketchup	Chicken Nuggets w/ Ketchup	Greek style seasoned Beef, Fritos, tzatziki sauce	Steamed Rice	Seasoned Warm Red Sauce	
	Baked Beans	Mac & Cheese, WG Roll	Steamed Corn	Carrot Slims, Sliced Cucumbers w/dip	Caesar Salad (Romaine, shred carrots, croutons, cheese and caesar dressing	
	Crisp Celery, Crisp Apple Wedges	Baby Carrots & Sugar Snap Peas	Shred Lettuce	Fresh watermelon Chunks	Fresh Orange and Chilled Rotini Ranch Pasta	
	Special Chips, Juice Box & Choice of Milk	Fruit cup, Juice Box & Choice of Milk	Banana, Juice Box & Choice Milk	Juice Box & Choice of Milk at checkout	Juice Box and Choice of Milk at Checkout	
Hot Lunch	Monday, September 07, 2026	Tuesday, September 08, 2026	Wednesday, September 09, 2026	Thursday, September 10, 2026	Friday, September 11, 2026	Week II
	NO SCHOOL	Cheeseburger	Brunch Lunch	General TSO Chicken	Cheese Quesadilla	
		Bun, Chz slice & ketchup	French Toast Sticks w/ Syrup	Steamed Rice	Sliced Cucumber & dip	
		Baked Beans	Baby carrots w/ dip	Crisp Broccoli & Carrot Slims w/ dip	Fresh Orange & Juice Box	
		Sugar Snap Peas	Banana & Juice Box	Fresh Watermelon Chunks	Special Chip day	
		Fruit cup, Juice Box & Choice Milk	Choice of Milk at Checkout	Juice Box & Choice of Milk at Checkout	Choice of Milk at Checkout	
Hot Lunch	Monday, September 14, 2026	Tuesday, September 15, 2026	Wednesday, September 16, 2026	Thursday, September 17, 2026	Friday, September 18, 2026	Week III
	Spicy Chicken Patty	All Beef Hot Dog	Hot Honey Chicken Nuggets	Walking Taco	Cheesy Lasagna	
	WG Bun & Ketchup	Served with Ketchup & Mustard	Hot Honey Sriracha & Ketchup	Nacho Doritos, seasoned beef taco	Paired with Chopped Italian Salad	
	Baby Carrots	Steamed Corn	Tater tots	Fill with Mexican rice, Shred lettuce, shred c	Fresh Orange Wedges	
	Sugar Snap Peas	Fruit cup & Special Chips	Sliced Cucumbers & Juice Box	Cheesy Refried Beans & Juice Box	Italian Dressing, Hearty Dinner Roll w/butter	
	Crisp Apple, Juice Box & Choice Milk	Juice Box and Choice of Milk at checkout	WG Roll, Banana & Choice of Milk	Fresh watermelon chunks & choice Milk	Juice Box & Choice of Milk at Checkout	
Hot Lunch	Monday, September 21, 2026	Tuesday, September 22, 2026	Wednesday, September 23, 2026	Thursday, September 24, 2026	Friday, September 25, 2026	Week IV
	Nashville Hot Chicken Tenders w/Mix & match Sauce	Waffles & Turkey Sausage	Hot Italian Beef Meatball Sub	Mandarin Orange Chicken & Noodles	NO SCHOOL	
	Ketchup, Fry-yay Sauce	Maple Waffles w/ syrup	Marinara Meatballs, WG Sub, Mozzarella Cheese	Orange Chicken on Monglian Noodles		
	Baked Beans & Fresh Cut Celery	Turkey Sausage patties	Potato Wedges	Crisp Broccoli & Carrot Slims w/ dip		
	Crisp Apple & Juice Box	Baby carrots & Juice Box	Sliced Cucumbers & Juice Box	Fresh Watermelon Chunks & Juice Box		
	Choice of Milk at Checkout	Fruit Cup & Choice of Milk at Checkout	Banana & Choice of Milk at Checkout	Choice of Milk		
Hot Lunch	Monday, September 28, 2026	Tuesday, September 29, 2026	Wednesday, September 30, 2026	Week 1 of October Begins...		Week V
	PopMax Chicken & Creamy Cheesy Hashbrowns	Classic Hamburger	Creamy Macy & Cheese			
	Popcorn Chicken w/ ketchup	WG Bun, Pickles & Ketchup	Warm Garlic Toast			
	Creamy Cheesy Hashbrowns	Potato Smiles & Grape Tomatoes	Sliced Cucumbers & Carrot slims w/dip			
	Celery Sticks & Carrot slims, WG Roll	Fruit Cup and Juice Box	Banana & Special Chips			
	Crisp Apple, Juice Box & Choice Milk	Choice of Milk at Checkout	Juice Box & Choice of Milk			