

This institution is an equal opportunity provider

Menu Name : Great Oaks Academy (School of Logic 5th - 8th Grade) Hot Lunch

Grade Level / Age Group : 5th - 8th Grade Menu subject to change without notice due to substitutions/seasonal items. Please Review Lunch Incentive sheet!

Meal Pattern : NSLP

Meal: Hot Lunch

February - 2026

	Monday, February 02, 2026	Tuesday, February 03, 2026	Wednesday, February 04, 2026	Thursday, February 05, 2026	Friday, February 06, 2026	
Hot Lunch	Crispy Chicken Tenders Ketchup Carrot Slims & Dip Fruit Cup WG Roll & Choice Milk	Cheeseburger Bun, Chz Slice & Ketchup Potato Smiles, Cucumbers w/ dip Fresh Orange Choice Milk	Alfredo Penne Sliced cucumbers & dip Banana Choice Milk at Checkout Special treat: Confetti Cookie	Pulled Chicken Taco Seasoned pulled Chicken taco served with WG Tortilla, Shred Lettuce, Shred cheese Seasoned Black beans Fresh honey dew chunks & choice milk Choice of Milk at checkout	Max Cheez' Breadsticks Seasoned Warm Red Sauce Caesar Salad (Romaine, croutons, Cheese * caesar dressing) Fresh Cup Apple Wedges Choice of Milk at Checkout	Week I
	Monday, February 09, 2026	Tuesday, February 10, 2026	Wednesday, February 11, 2026	Thursday, February 12, 2026	Friday, February 13, 2026	
Hot Lunch	Mandarin Orange Chicken Veggie Fried Rice Celery Sticks, carrots & Dip Fruit cup Choice Milk	Premium Chicken Nuggets Ketchup Mashed Potatoes WG Roll Fresh Orange & Choice milk	Penne Pasta w/ Spaghetti meatballs Marinara Meatballs served with WG buttered Penne Top with Shred Mozz Salad Greens & Dressing Banana & Choice of Milk	Premium Corn Dog WG chicken Corn Dog served with Ketchup CKC baked beans & Cucumbers Fresh Honey Dew chunks & Choice Milk Cool Ranch Doritos	No School/Flex Day	Week II
	Monday, February 16, 2026	Tuesday, February 17, 2026	Wednesday, February 18, 2026	Thursday, February 19, 2026	Friday, February 20, 2026	
Hot Lunch	No School	HV Cheese Bites w/Italian Dip Potato Stix w/Ketchup Crisp Celery w/dip Choice Milk at Checkout Fresh Orange wedges	Walking Taco NachoDoritos, seasoned Beef Taco Fill with Shred Lettuce, Shred Cheddar Cheese & mild Salsa Refried beans, Banana and choice Milk	Premium Chicken Tenders Ketchup Sliced Cucumbers w/ dip Fresh Honeydew Melon Chunks Choice of Milk	Mini Cheese Pizza Triangles Greens Salad & Dressing Fresh Cut apple wedges Choice milk	Week III
	Monday, February 23, 2026	Tuesday, February 24, 2026	Wednesday, February 25, 2026	Thursday, February 26, 2026	Friday, February 27, 2026	
Hot Lunch	Premium Chicken Patty Sandwich WG Bun & Ketchup Fava Bean Crisps Carrot Slims Fruit Cup & Choice of Milk at checkout	HV Grilled Cheese Baby Carrots, Cucumbers & Dip Fresh Orange Choice Milk at Checkout	All Beef Hot Dog Hot dog Bun, Ketchup Steamed Corn & Cucumbers Bananas and Choice of Milk Cheetos	HV French Bread Pizza Crisp broccoli w/dip Fresh Honey Dew Chunks Choice of Milk at checkout	Chef's Choice Cold Sack lunch Veggie of the Day Fruit of the day Choice of Milk at checkout	Week IV
Hot Lunch	What is a healthy portion size of meat according to the USDA? Meats (each counts as 1 serving): 2 to 3 ounces cooked lean beef, pork, veal, or lamb without bone. 2 to 3 ounces cooked poultry without skin or bone. 2 to 3 ounces cooked fish without bone.			The USDA promotes portion control through the MyPlate guidelines, which recommend making half your plate fruits and vegetables. It also emphasizes controlling portions at restaurants, reading food for serving sizes, and using measuring cups and serving utensils to ensure consistent and appropriate amounts.		