

This institution is an equal opportunity provider

Menu Name : Great Oaks Academy (School of Grammar K-5) Hot Lunch

Grade Level / Age Group : k-5 Menu subject to change without notice due to substitutions/weather***Please Review Lunch Incident/meal weather policy online***

Meal Pattern : NSLP

Meal: Hot Lunch

December - 2025

	Monday, December 01, 2025	Tuesday, December 02, 2025	Wednesday, December 03, 2025	Thursday, December 04, 2025	Friday, December 05, 2025	
Hot Lunch	No School/Inservice Day	HV Grilled Cheese Baby Carrots, Cucumbers & Dip Fresh Orange Choice Milk at Checkout	All Beef Hot Dog Hot dog Bun, Ketchup Steamed Corn & Cucumbers Bananas and Choice of Milk Cheetos	Asian Chicken Noodle Bowl Sesame Chicken on Mongolian Noodles Crisp Broccoli w/dip Fresh Honey dew melon chunks Choice of Milk at checkout	Pizza Crunchers Sliced cucumbers & Dip Fresh Cup Apple Wedges Choice Milk	Week I
Hot Lunch	Monday, December 08, 2025 HV CHZ Breadsticks w/ Italian Dip Italian Dip Celery & Carrots Fruit cup Choice Milk	Tuesday, December 09, 2025 Swedish Meatballs WG Roll Mashed Potatoes Fresh orange Choice Milk	Wednesday, December 10, 2025 Chef's Choice Corn dog Veggie of the day Fruit of the day Choice of Milk	Thursday, December 11, 2025 Beef Taco Seasoned Beef Taco, WG Tortilla Shred lettuce, Shred Cheddar cheese & Mild Salsa Cheesy Refried Beans Choice of Milk at Checkout	Friday, December 12, 2025 Cheesy Lasagna Chopped Italian Salad Mix or Match dip Ranch dressing & Italian dressings Fresh apple wedges & choice milk	Week II
Hot Lunch	Monday, December 15, 2025 Roasted Chicken Drum Stick Mashed potatoes Fresh Cut celery WG Dinner Roll Fruit cup & choice milk	Tuesday, December 16, 2025 HV Grilled Cheese Baby Carrots, Cucumbers & Dip Fresh Orange Choice Milk at Checkout	Wednesday, December 17, 2025 Hot Italian Meatball Sub Marinara Meatballs, WG sub, Mozzarella Cheese (served seperately) Garden Greens w/ ranch dressing Banana Choice milk	Thursday, December 18, 2025 Sweet & Sour chicken Steamed Seasoned Rice Crisp Broccoli Fresh Honeydew Melon Chunks Choice of Milk	Friday, December 19, 2025 Chef's choice Cold Sack lunch Fruit of the day Veggie of the day Choice milk	Week III
Hot Lunch	Monday, December 22, 2025 No School	Tuesday, December 23, 2025 No School	Wednesday, December 24, 2025 No School	Thursday, December 25, 2025 Winter Break	Friday, December 26, 2025 No School	Week IV
Hot Lunch	What is a healthy portion size of meat according to the USDA?				The USDA promotes portion control through the MyPlate guidelines, which recommend making half your plate fruits and vegetables. It also emphasizes controlling portions at restaurants, reading food labels, and using measuring cups and serving utensils to ensure consistent and appropriate amounts.	