

This institution is an equal opportunity provider

Menu Name : Great Oaks Academy K-5 Allergen Free Lunch menu No Dairy, No Gluten, No egg, No Soy, No fish					
Grade Level / Age Group : K-5 Grades		No shellfish, No Sesame, No Tree nuts	No Peanuts and No Sunflowers	Meal Pattern : NSLP	Meal: Lunch (Hot)
MAY - 2025					
Hot Meal	Thursday, May 01, 2025		Friday, May 02, 2025		
	Milk in School Meals Milk is more than just a beverage; it's a powerhouse of essential nutrients crucial for growing bodies. From calcium and vitamin D to protein and potassium, milk offers a myriad of health benefits, supporting bone health, muscle function and overall growth.		End of April week 4 orders Beef Meatballs Brown Rice Steamed Carrots & Peas Fruit of the day Corn chips and choice of milk at checkout		
Hot Meal	Beef & Potatoes Steamed Rice Fresh Carrot slims Fruit of the day Choice of Milk at Checkout				
	Monday, May 05, 2025		Tuesday, May 06, 2025	Wednesday, May 07, 2025	Thursday, May 08, 2025
Hot Meal	Yummy Beef Scallion Golden Corn Chips Black Bean & Fresh Carrots Fruit of the day Choice of Milk at Checkout		Chicken Sukkhar Steamed Rice Steamed Green Beans Fruit of the day Choice of milk at checkout		Beef Fried Rice Fresh Broccoli Fruit of the day Choice of Milk at checkout
			Spiced rubbed Chicken Fillet Steamed Rice Baby Carrots Fruit of the day Choice of Milk at Checkout		No School
Hot Meal	Monday, May 12, 2025		Tuesday, May 13, 2025	Wednesday, May 14, 2025	Thursday, May 15, 2025
	Chicken Supreme Steamed Rice Steamed Green Beans Fruit of the day Choice of Milk at checkout		Beef Nachos Taco Beef & golden corn chips Black bean & corn Fruit of the day Choice of Milk at Checkout		Marinated Grilled Chicken Fillet Brown Rice Fresh Baby Carrots Fruit of the day Choice of Milk at Checkout
Hot Meal	Chicken Pilaf Crisp Broccoli Fruit of the day Choice of Milk at Checkout		Beef & Potatoes Steamed Rice Steamed Peas Fruit of the day Choice of Milk at Checkout		
	Monday, May 19, 2025		Tuesday, May 20, 2025	Wednesday, May 21, 2025	Thursday, May 22, 2025
Hot Meal	Chicken Fried Rice Steamed Rice Steamed Green Beans Fruit of the day Choice of Milk at checkout		Beef & Broccoli Brown Rice Steamed Corn Fruit of the day Choice of Milk at Checkout		Chicken Fajita w/Rice Seasoned Chicken & Peppers Served w/Brown Rice Black Beans Fruit of the day and choice of Milk
	Beef Meatballs Brown Rice Steamed Carrots & Peas Fruit of the day Corn Chips & Choice of Milk at Checkout		Beef & Potatoes Steamed Rice Steamed Peas Fruit of the day Choice of Milk at Checkout		
Hot Meal	Monday, May 26, 2025		Tuesday, May 27, 2025	Wednesday, May 28, 2025	Thursday, May 29, 2025
	No School		Chicken Sukkhar Steamed Rice Steamed Green Beans Fruit of the day Choice of milk at checkout		Beef Fried Rice Fresh Broccoli Fruit of the day Choice of Milk at checkout
Hot Meal	Beef Taco Meat Over Rice Serve seasoned Beef on Brown Rice Steamed Black Beans & Corn Fruit of the day & Corn Chips Choice of Milk at checkout		Spiced rubbed Chicken Fillet Steamed Rice Baby Carrots Fruit of the day Choice of Milk at Checkout		